



***Findlay Area Swim Team proudly presents
2009 Long Course Time Trial
July 7, 2009***

HELD UNDER THE SANCTION OF THE OHIO SWIMMING INC.
SANCTION # OH 3171

Date: TUESDAY, July 7, 2009

Facility Riverside Park Pool
Location: 231 McManness Avenue
Findlay, Ohio 45840
419-424-7178

Meet Director Jeff Wobser
P.O. Box 352
Findlay, OH 45839
jdwobser@yahoo.com
Cell: 419-348-1057

Schedule Warm – up: 7:30 – 8:30 AM
Clerk of Course Closes:
1500 Free 8:00 AM
All Other Events 8:30 AM
Meet Starts:
1500 Free 8:30 AM
All Other events 9:00 AM

Entries: Advance entries must be received no later than 12:00 PM or received in the US Mail on Wednesday, July 1, 2009. If confirmation of delivery is desired, please include a self addressed stamped post card. We highly prefer HYTEK entries. Electronic entries may be sent via email (HYTEK entry file export attached) to geoswimcat@yahoo.com. The meet director reserves the right to limit entries of the 1500 & 400 Freestyle events to insure meet timeline efficiency.

Entry George Leatherman
Chairperson: 1620 North Main St.
Findlay, OH 45840
geoswimcat@yahoo.com, Phone: 419-420-1561

Entry Fees: **\$4.00 per individual event**
 \$9.00 per relay event
 \$2.00 surcharge per swimmer

All entry fees must accompany entries and are non-refundable. Please pay by check made payable to "FAST". All fees must be paid before the July 1, 2009 entry deadline .

Deck Entries: Deck entries will be accepted with a **valid USA Membership card**. Deck entries for the 1500 will close at 8:00 AM. Entries for all other events will close at 9:00 AM.

Deck Entry fees: \$5.00 per individual event, \$10.00 per relay event, plus a \$2.00 per swimmer surcharge. Fees are payable at time of check-in at Clerk of Course. Cash or checks made payable to "FAST" will be accepted. Entry fees are non-refundable.

Time Standard: 14 & Under swimmers must be trying for an Ohio JO long course or better time standard. 15 & Over – no time standard is required.

Rules: Current USA Swimming rules will govern the meet. All Swimmers must have a current USA Swimming registration.

Eligibility: Open to swimmers ages 8 and over with proof of current USA Swimming Registration. Must be within 2.0 seconds per 50 meters of the Ohio JO long course time standard or better.

Safety: Ohio Safety guidelines will be enforced in the conduct of the meet as well as during warm-up periods. General warm-up procedures require swimmers to enter the pool feet first in a cautious manner with one hand on the deck. This rule will also apply to the continuous warm-up/down lanes during the meet.

Coaches: All coaches must sign-in at the clerk of course area and present a current USA Swimming membership card upon entering the pool area. The coaches USA Swimming membership card must be visible at all times while on deck.

Final Results: Final results will be available to all participating team coaches immediately following the conclusion of the meet. Please bring your USB flash drive and we will download the results. Results and Hytek files will be available on the FAST website (www.FASTswim.com) within 24 hours following the conclusion of the meet.

Directions: From I-75: Take exit # 159, (Rt.224, Trenton Ave.) At the top of exit go East on Trenton Ave. (toward Speedway store). Continue on Trenton Ave. to N. Main St. Turn right on N. Main. Continue on N. Main to the three way stop light at Center St. Turn Left on Center St. Stay in the right hand lane. After crossing the rail road track stay straight on Center St. Continue on Center St. approx. 6 blocks to McManness Ave. Pool will be in front of you. Parking is at either end of the pool.

- Seeding:** All events will be seeded the day of the meet. The meet director reserves the right to combine events and heats to insure the efficiency of the meet run time.
- Facility:** The City of Findlay Riverside Park pool was constructed in 1982. It is a 10 lane 50 meter by 10 lane 25 meter competitive pool with stainless steel walls and depths ranging from 8-3.5'. For this event, lanes 1-8 will be used for competition and lanes 9 & 10 will be used for continuous warm-up and warm-down.
- Officials:** The Findlay Area Swim team would appreciate assistance from other attending team with providing officials. We ask that coaches make their parents who are officials aware of this request. Those parents who are certified officials or need to apprentice can make their availability known to Bill Hopkins, whopkins1@woh.rr.com

FAST 2008 LC TIME TRIAL
Sanction # OH 3171
July 7, 2009

ORDER OF EVENTS

Women	Event	Men
1*	1500 Freestyle	2*
3	200 Medley Relay	4
5	100 Freestyle	6
7	200 Breaststroke	8
9	50 Breaststroke	10
11	200 Backstroke	12
13	50 Backstroke	14
15	200 Butterfly	16
17	50 Butterfly	18
19	200 Freestyle Relay	20
21	200 Freestyle	22
23	400 IM	24
25	50 Freestyle	26
27	100 Backstroke	28
29	400 Freestyle	30
31	400 Freestyle Relay	32
33	100 Breaststroke	34
35	100 Butterfly	36
37	200 IM	38
39	400 Medley Relay	40
41	800 Free Relay	42

* Events 1 & 2 must provide their own counter and one (1) timer. Positive check-in required.

- An 800 Freestyle time may be achieved by entering the 1500 in accordance with all applicable rules

- Coaches may request a break in the meet to allow for adequate rest for swimmers. Requests should be made directly to the meet Referee. All requests will be accommodated as much as possible.

FINDLAY AREA HOTELS/MOTELS

<u>Name</u>	<u>ADDRESS</u>	<u>TELEPHONE</u>
Hawthorne Suites	2955 Tiffin Ave	419-425-9696
Fairfield Inn	2000 Tiffin Ave.	419-424-9940
Towneplace Suites	2501 Tiffin Ave	419-425-9545
Country Inn & Suites	903 Interstate Dr	419-422-4200
Findlay Inn	200 E. Main Cross	419-422-5682
Holiday Inn Express	941 Interstate Dr	419-420-1776
Hampton Inn	921 Interstate Dr.	419-422-5252
Country Hearth Inn	1020 Interstate Ct.	419-423-4303
Super 8 Motel	1600 Fox St.	419-422-8863
Cross Country Inn	1951 Broad Ave.	419-424-0466
Rodeway Inn	1901 Broad Ave.	419-424-1133